



GAY'S LIFE-SAVING LADDER SAFETY TIPS

1. Extension ladders must be 1' away from the house for every 4' of ladder height, extension.
2. Ladders positioned against a roof must extend 3' above the roof eave.
3. Respect weight loads for all ladders. Never have more than one person on a ladder.
4. Never stand on the top step of a ladder, or the top three rungs of an extension ladder.
5. Never use a ladder that is too old and unstable, or rickety.
6. Make sure the ladder is always on a level and stable surface.
7. Don't overreach when standing on a ladder.
8. Do not ascend a ladder with your hands full. Always have a tool apron or the like to hold your materials and/or tools.
9. Use a step ladder, the type that folds together, in fully opened and locked position only.
10. Never move a ladder while someone is on it.
11. Do not climb a ladder if you are not physically fit and able.
12. Do not place a ladder on top of something to achieve further height. It must always be on the ground or floor in a level and stable stance.
13. Always be mindful of what's overhead, especially electrical lines and fixtures near work areas.